

# Subject PSHE

## Year 11

### Curriculum Overview

**Intent:** Students study PSHE because it acts as a bridge between home, school and society. It provides them with the knowledge, skills and experience to be able to thrive both in their academic careers and in their lives as adults. PSHE offers them a safe space to develop as learners and human beings, and to explore their own understanding of the world around them. The overall aim of PSHE is to enable students to make informed choices with their language and behaviour. Within this subject, students will gain an understanding of structures within society, including political structures, financial and legal systems. The aim of this is to help students to be able to navigate these institutions successfully and have access to the resources that they will need to be successful. The content of these lessons is regularly linked to the Fundamental British Values and to developing an understanding of the Protected Characteristics. This curriculum includes statutory Relationships Sex and Health Education and PREVENT education. It also contributes to meeting the Gatsby Standards by looking at careers. Assessment within these lessons aims to ensure that knowledge has been acquired successfully as well as to give opportunities to identify and correct misconceptions.

	AUTUMN 1	AUTUMN 2	SPRING 1A	SPRING 2	SUMMER 1	SUMMER 2
<b>Core Course Topic:</b> These topics are taught through the identified terms. They are taught in small bitesize chunks and revisited regularly.	<b>Consent and contraception</b> <ul style="list-style-type: none"><li>- Identify healthy relationships.</li><li>- Look at consent</li><li>- Sexual harassment in the workplace.</li><li>- Hormonal contraception</li><li>- Using condoms effectively</li><li>- Sexual health checks</li></ul>	<b>Post-16 choices and careers</b> <ul style="list-style-type: none"><li>- Identify different options for Post-16 education.</li><li>- Research careers.</li><li>- Consider the potential impact of online activity.</li></ul>	<b>Financial Literacy</b> <ul style="list-style-type: none"><li>- Using financial terms with accuracy</li><li>- Budgeting</li><li>- Sustainable spending</li><li>- Gambling and social gaming</li><li>- Payslips and taxes</li></ul>	<b>Discrimination</b> <ul style="list-style-type: none"><li>- Fundamental British Values.</li><li>- Protected Characteristics and Equality Act of 2010.</li><li>- Effects of discrimination.</li></ul>	<b>Festival safety and independent choices</b> <ul style="list-style-type: none"><li>- Being safe at festivals.</li><li>- Drugs and alcohol</li><li>- Your rights with the police.</li></ul>	
<b>Additional support links:</b> Here are links to additional resources which will help your child	Childline: <a href="https://www.childline.org.uk/">https://www.childline.org.uk/</a>  Brook: <a href="https://www.brook.org.uk/topics/contraception/">https://www.brook.org.uk/topics/contraception/</a>  Link to Hart School ARCS: <a href="http://arcs.hartschool.org.uk/">http://arcs.hartschool.org.uk/</a> Also available at the bottom of the Hart School Website.	Unifrog: <a href="https://www.unifrog.org/">https://www.unifrog.org/</a> Students can use their school email address to log in and reset their password using the link if necessary.  Barclays Life Skills resources: <a href="https://barclayslifeskills.com/">https://barclayslifeskills.com/</a>	Barclays Life Skills resources: <a href="https://barclayslifeskills.com/">https://barclayslifeskills.com/</a>  GamCare: <a href="https://www.gamcare.org.uk/">https://www.gamcare.org.uk/</a>	Information about the 2010 Equality Act: <a href="https://www.equalityhumanrights.com/en/equality-act-2010/what-equality-act">https://www.equalityhumanrights.com/en/equality-act-2010/what-equality-act</a>	The Mix: <a href="https://www.themix.org.uk/">https://www.themix.org.uk/</a>  Daniel Spargo-Mabbs Foundation: <a href="https://www.dsmfoundation.org.uk/">https://www.dsmfoundation.org.uk/</a>  Talk to Frank: <a href="https://www.talktofrank.com/">https://www.talktofrank.com/</a>  Know My Rights: <a href="https://knowmyrights.org.uk/help-for-young-people">https://knowmyrights.org.uk/help-for-young-people</a>	
<b>Knowledge:</b> Included here is the specific knowledge your child will learn in detail	What healthy and unhealthy relationships look like. How consent can be shared, verbally and non-verbally. How to use condoms effectively. Hormonal forms of contraception What is involved in a sexual health check and why this is important.	Students will learn about the different levels of qualification for P16 study, including apprenticeships, college courses and T Levels. Students will learn about a range of different careers. Students will consider the ways that their future could be impacted by use of social media platforms.	How bank accounts work. Why budgeting is important. Key terms involved in banking and finance. The consequences of our spending choices. How to use social gaming and gambling platforms responsibly. Understanding how payslips work and how taxes are charged.	Students will understand the difference between discrimination and prejudice and will use key words with accuracy. They will identify the expectations of the 2010 Equality Act. Students will consider the effects of discrimination, both on individuals and on society as a whole.	Students will understand the risks of festivals and parties and how to minimise them. Students will look at the possible consequences of drug use. Students will develop an understanding of their legal rights and how to interact successfully with the police.	
<b>Skills:</b> Included here is the specific skills your child will learn in detail	Self-awareness when in relationships. Communication skills around relationships and consent. How to use a condom effectively. Evaluating different forms of contraception.	Research skills. Consideration of skills for employment. Considered use of social media.	How to create a budget. Developing critical thinking when making decisions about how to spend money. Building resilience and healthy habits when using social gaming.	Critical thinking to consider outcomes of key behaviours. Strategies to stand up against discrimination where they encounter it.	Risk assessment and management when in independent settings. Communication skills to manage difficult situations	
<b>Common Lexicon:</b> These are the key words and terms learnt. These can be found on knowledge organisers.	Consent Contraception Hormonal contraception Condom Sexual Health	A-Levels College courses T Levels Apprenticeships Degree	Budget Bank account Statement Direct debit Standing order Debt Credit card Debit card Sustainable Gambling Lootbox Dopamine Addiction FOBT Nearly-win	Discrimination Prejudice Racism Sexism Homophobia Transphobia Immigrant Refugee Disability	Possession Supply Intent to supply Hallucinogen Stimulant Analgesic Depressant Addition Dopamine Arrest Caution	

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