



Y10 FEBRUARY PPE STUDENT GUIDE

Everything you need to know to achieve in your PPEs

THE HART
SCHOOL
*Creative
Education
Trust*



WE CAN
WE WILL
WE DO

JUST MAKE
THE BEST
THINGS!

#LIFEGOALS

GET MY
DREAM JOB

THINK

DO!

Revision Timetable

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
9.00							
10.00							
11.00							
12.00							
13.00							
14.00							
15.00							
16.00							
17.00							
18.00							

A general guide would be:

- 20-30 minutes of revising should be rewarded with a 5-minute break.
- 30-60 minutes of revision can be awarded a 10-15-minute break.

So split your revision in to chunks to make it as effective as possible.

Year 10 PPE Subject Specific Revision Guidance

MATHS



ENGLISH



SCIENCE



GEOGRAPHY



HISTORY



SPANISH



Y10 Assessment Schedule February 2025

Day	1	2	3	4	5
Mon 3 Feb		Science (50mins) T Biology (45mins)		Maths Y (45mins)	Maths X (45mins)
Tue 4 Feb	Spanish Reading Option A (1hr) (to start at tutor)		English Language (1hr 45 mins)		
Wed 5 Feb	History – Crime & Punishment (1hr 20mins) Geography (1hr)		Maths Y (45mins)	Maths X (45mins)	
Thur 6 Feb	T Physics (45 mins)		English Literature (1hr 25 mins)		
Fri 7 Feb	Spanish Reading Option C (1hr) (to start at tutor)	Science (50mins) T Chemistry (45mins)	Spanish Writing (1hr 15min H/ 1hr 10min F)		

Get some sleep

How many hours of sleep do you get each night?

On average, teenagers claim to get 6-7 hours a night, when they should really be aiming for 9-10 hours. If you are only getting 6-7, you are depriving yourself of over 1000 hours of sleep each year.

You must be exhausted!

Limit your screen time

Mobile phones can be great tools for learning but are they having a negative impact on your learning? Catching up with friends, social media, movies and box sets is great– but when is the best time to do these things?

Look after yourself

Being kind to yourself each day can have a big impact on your performance during revision and exams. Take a break and get some exercise.

Aim to start the day with cereal or toast. Find time to do the things you love.

Reward yourself for your hard work.